

4/8/25
Denison MS Track Meet

Shot Put	Distance	Place		Discus	Distance	Place
Jose Ramirez	25-03.00			Saul Bello	53-01	
Simon Htoo	30-07.00	1st & 5pts		Ivan Contreras	67-08	
Oscar Nieto	29-10.00	3rd & 1pt		Henri Gonzalez	64-03	
Saul Bello	22-07.50			Noah Westphalen	65-01	
Ivan Contreras	25-07.50			Simon Htoo	68-04.50	3rd & 1pt
Henri Gonzalez	27-08.50			Oscar Nieto	56-09.50	
Long Jump	Distance	Place		High Jump	Distance	Place
Paul Ramos	6-09.00			Rocky Thao	4-00.00	
Tyler Stanton	10-07.50			Luis Zavala	4-08.00	2nd & 3pts
David Serrano	8-09.00			Gavin Lidgett	NH	
Charlie Logan	12-10.50	3rd & 1pt		Tyler Stanton	4-02.00	
Pedro Luna	11-07.50					
Bryan Lara	9-02.50					
4 X 800 O	Split Time	Place & Pts.		4 X 800 O	Split Time	Place & Pts.
		Total Time				Total time
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
David Raymundo	18.69					
Pedro Luna	21.34					
Jorge Barajas	21.17	Total Time				Total Time
Anyang Majook	19.36	1:20.65				
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Simon Htoo	15.9			Saul Bello	17.47	
Ivan Contreras	15.6			Henri Gonzalez	15.17	
Paul Ramos	17.49			Jose Ramirez	16.34	
Gavin Lidgett	13.87	1st & 5pts		Noah Westphalen	17.15	
Bryan Lara	14.9			Rocky Thao	14.99	
Charlie Logan	14.1	2nd & 3pts				
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
David Serrano						
Tyler Stanton						
Luis Zavala		Total Time				Total Time
Quinn Vetter						
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Reylan Gonzalez	1:18.95	3rd & 1pt		Paul Ramos	1:36.65	
Gavin Lidgett	1:36.67			Noah Westphalen	1:29.17	
4 x 200 X	Split Time	Place & Pts.		4 x 200 X	Split Time	Place & Pts.
Pedro Luna	34.01	2:06.63				
David Serrano	33.76					
Oscar Nieto	31.8	Total Time				Total Time
David Raymundo	26.68					
1600 M Run	Time	Place & Pts.		1600 M Run	Time	Place & Pts.
Quinn Vetter	5:46.68	1st & 5pts		Reylan Gonzalez	6:22.60	2nd & 3pts
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
Jorge Barajas	20.83	2nd & 3pts				

200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Simon Htoo	34.2			Saul Bello	33.9	
Ivan Contreras	38.91			Henri Gonzalez	31.96	
Paul Ramos	38.82			Gavin Lidgett	30.32	
Jose Ramirez	34.42			Noah Westphalen	37.71	
Bryan Lara	31.24			Rocky Thao	33.1	
Luis Zavala	29.73	3rd & 1pt				
800 Sprint Med	Split Time	Place & Pts.		800 Sprint Med	Split Time	Place & Pts.
Anyang Majook	13.93					
Tyler Stanton	17.74					
David Serrano	34.2	Total Time				Total Time
Charlie Logan	1:12.61	2:19.64				
200 Hurdles	Time	Place & Pts.		200 Hurdles	Time	Place & Pts.
800 M. Run	Time	Place & Pts.		800 M. Run	Time	Place & Pts.
Jorge Barajas	2:53.25	2nd & 3pts		Reylan Gonzalez	3:07.88	
Bryan Lara	3:12.14					
4 x 100 X	Split Time	Place & Pts.		4 x 100 X	Split Time	Place & Pts.
Pedro Luna	NA					
Oscar Nieto	NA					
David Raymundo	NA	Total Time				Total Time
Anyang Majook	NA	57.14				
4 x 400	Split Time	Place & Pts.		4 x 400	Split Time	Place & Pts.
Luis Zavala	1:09.12					
Charlie Logan	1:15.25					
Rocky Thao	1:14.91	Total Time				Total Time
Quinn Vetter	NA	4:48.30				
B means use starting blocks						
X means closed hand off						
O means open hand off						
Please report distances from field events to Coach Jones!						
Excuses?						

Notes: Shot/Discus (**at high school**)

Shot put - 4 tosses

Discus - 4 tosses

LJ - 3 jumps

HJ - 4'4"

1/8 inch spikes

Denison - 35

Kuemper Catholic - 88