



Denison COED Friday, April 11th



Sprint Med 1:37.16				
Name	Split	Place	PR	Heat Lane
Anthony Arambula	11.1			TOP 10
Morgan Wood	11.8			
Chris Lovan	23.6			
Angel Bautista	54.9			
Total	1:41.80	1	1:44.64	

Distance Med 3:35.32				
Name	Split	Place	PR	Heat Lane
Morgan Wood	24.3			1-6
Chris Lovan	23.5			
Angel Bautista	57.0			
Luke Ullrich	2:25.0			
Total	4:10.37	4	3:52.30	

800 Meter Run 1:57.37				
Name	Time	Place	PR	Seed
Ryder Luth	2:45.71		2:33.86	10
Omar Ramos	2:20.16	7	2:21.35	7
Israel Bernal	2:35.92		2:38.74	12

4x400				
Name	Split	Place	PR	Heat Lane
Edgar Ortiz	55.8			1-2
Luke Ullrich	58.1			
Owen Hartwig	58.8			
Owen Hartwig	59.3			
Total	3:52.41	6	3:53.55	

3200 Meter Run - None				
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400 Meter Dash 49.82				
Name	Time	Place	PR	Heat Lane
Anthony Arambula	51.69	1	52.54	TOP 10
Abdiel Corona	1:01.87		1:01.86	1-3
Ryder Luth	1:01.90		1:04.00	1-1
Israel Bernal	1:04.20		1:04.43	1-7

200 Meter Dash 21.67				
Name	Time	Place	PR	Heat Lane
Abraham Dukes	29.63		25.41	2-3
Chris Castro	28.01		28.80	1-4
Abdiel Corona	27.58		27.56	2-1
John Pantoja	27.37			1-3

Long Jump 23'1"				
Name	Jump	Place	PR	Seed
Anthony Arambula	19-04	2	21-01	3
Abraham Dukes	18-03	4	19-03	4

4x800				
Name	Split	Place	PR	Seed
Luke Ullrich	2:14			2
Edgar Ortiz	2:15			
Ethan Olsen	2:17			
Omar Ramos	2:19			
Total	9:06.14	2	9:02.53	

4x200 1:32.30				
Name	Split	Place	PR	Heat Lane
Morgan Wood	24.7			1-6
Chris Lovan	23.4			
Angel Bautista	27.1			
Owen Hartwig	25.0			
Total	1:40.49	6	1:36.86	

400 Meter Hurdles 54.99				
Name	Time	Place	PR	Heat Lane
Brayden Adams	58.84	1	1:00.26	TOP 10

Shot Put 65'00"				
Name	Throw	Place	PR	Seed
Dominik Garcia	40-08	5	43-09	4
Gabriel Henningsen	38-06.5	7	37-07.5	8
Elliot Green	36-02.5		36-00	
Alex Segoviano	39-05.5	6	36-02	

Shuttle - None				
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100 Meter Dash 10.61				
Name	Time	Place	PR	Heat Lane
Abraham Dukes	12.53		12.13	3-8
Owen Hartwig	12.86		12.94	2-1
Chris Castro	13.43		13.59	1-4
Abdiel Corona	13.37		13.30	2-8
John Pantoja	12.99			1-6

110 High Hurdles 14.74				
Name	Time	Place	PR	Heat Lane
Brayden Adams	15.87	1	16.75	TOP 10

1600 Meter Run 4:16.86				
Name	Time	Place	PR	Seed
Ethan Olsen	5:09.38	2	5:08.74	4

4x100 43.88				
Name	Split	Place	PR	Heat Lane
Dominik Garcia	11.20			TOP 10
Morgan Wood	11.80			
Chris Lovan	10.10			
Anthony Arambula	11.80			
Total	45.22	1	46.47	

Discus 175'00"				
Name	Throw	Place	PR	Seed
Dominik Garcia	112-03	5	117'10.25"	3
Gabriel Henningsen	97-11		112-08	7
Alex Segoviano	110-04	7	112-03	
Elliot Green	96-09		102-02	

Men - Team Rankings - 19 Events Scored

1) IKM-Manning	163	2) Woodbine	115
3) Denison-Schlswg	105	4) Harlan	104.50
5) Boyer Valley	79.50	6) Tri-Center	62
7) CR-Bayard	47		

We had a great night to run and we took advantage of it. Ended up having a lot of PRs and having 5 Top 10s. Brayden ran the hurdles really well and Anthony also ran really well in the 400. We have to raise our goals now for those events.