

<b>Date:</b>	10-17-24
<b>Location:</b>	Carroll Municipal Golf Course
<b>Weather:</b>	65 and Windy

<b>HS Girls Varsity Team Results:</b>	5th Place - 145 Points
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<b>HS Girls Varsity Individual Results:</b>			
	<b>Place</b>	<b>Name</b>	<b>Time</b>
	8	Lola Mendlik	20:25:00
	10	Alexa Tremblay	20:30:00
	35	Emily Bahnsen	23:04:00
	45	Leilany Morales-Garcia	24:07:00
	49	Charlotte Schrum	24:28:00
	64	Lynnae Johnson	25:54:00
	66	Anna Galvin	26:29:00

<b>HS Girls JV Team Results:</b>	3rd Place - 81 Points
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<b>HS Girls JV Individual Results:</b>			
	<b>Place</b>	<b>Name</b>	<b>Time</b>
	7	Piomo Okwer	23:53:00
	14	Andrea Flores	24:27:00
	18	Stella Mahrt	25:11:00
	22	Jenna Meadows	25:57:00
	25	Claire Olsen	26:08:00
	26	Tiffany Ramirez	26:23:00
	27	Rosy Segoviano	26:24:00
	33	Janet Castillo	26:51:00

<b>HS Boys Varsity Team Results:</b>	7th Place - 171 Points
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<b>HS Boys Varsity Individual Results:</b>	
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Place	Name		Time
11	Kevin	Sanchez	17:44:00
15	Ethan	Olsen	18:11:00
40	Miguel	Hernandez	19:37:00
51	Ivan	Ledesma	20:07:00
54	Raul	Castillo	20:23:00
56	Abdiel	Corona	20:30:00
61	Israel	Bernal-Serrato	21:32:00

**HS Boys JV Team Results:** 3rd Place - 94 Points

<b>HS Boys JV Individual Results:</b>			
Place	Name		Time
11	Omar	Ramos	20:32:00
14	Eduardo	Cruz	20:40:00
19	Jonathan	Marquez	21:17:00
20	Raul	Salas	21:18:00
39	Jaxx	Luetje	23:04:00
55	Erik	Cabrera	24:34:00
71	Luis	Rivas	27:10:00

**MS Girls Team Results:** 3rd Place - 98 Points

<b>MS Girls Individual Results:</b>			
Place	Name		Time
11	Caroline	Schrum	14:47:00
17	Taelen	Young	15:30:00
25	Avah	Nemitz	16:13:00
28	Landyn	Wiese	16:24:00
32	Aubrey	Young	16:49:00
43	Nereyda	Garnica	17:47:00
64	Cora	Gotto	19:34:00

<b>MS Boys Team Results:</b>	NA				
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<b>MS Boys Team Results:</b>			
	Place	Name	Time
	6	Quinn Vetter	12:39:00
	24	Reylan Gonzalez	14:30:00

**Comments from assistant coach Raegan Andersen:**

Today was a challenging meet in terms of weather and competition. The wind was strong tonight which is something we really haven't had to deal with yet this season. The runners did a nice job of listening to us about when to use the wind to their advantage and when to pony up behind the person in front of them to help block the wind. The Hawkeye 10 conference is loaded with talented runners who are ranked high in the state. Today we got to see some of the best of the best compete across all classes. The middle school teams started us off tonight and they ran well in their last and final meet. Quinn Vetter(6th), Caroline Schrum (11th) and Taelen Young (17th) led the middle school teams. This group has learned a lot this year and they work extremely hard. We are excited to see their growth throughout their time in the Monarch Cross Country program. Lola Mendlik and Alexa Tremblay led our girls team tonight and both captured top 10 finishes placing 8th and 10th respectively. As a team, the girls placed 5th. The boys team was paced by Kevin Sanchez (11th) and Ethan Olsen (15th). As a team, the boys placed 7th. Overall, our athletes rose to the challenge tonight and showed up and left everything they had out on the course. We want to thank both our junior varsity and middle school runners for an amazing season. Cross country isn't a sport that is for everyone and these kids showed up each day ready to work hard and get better. Our varsity runners will travel down to Harlan next Wednesday, the 23rd to run in the state qualifying meet. We ran at Harlan earlier this year so our athletes know this course and can use that to their advantage. We know it is going to be a tough meet but we are ready for the challenge. The top 15 individual runners and top 3 teams will qualify for state.