

Date:	10-23-24
Location:	Harlan Golf Course
Weather:	65 and Sunny

HS Girls Varsity Team Results:	7th Place - 203 Points
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HS Girls Varsity Individual Results:			
Place	Name		Time
11	Lola	Mendlik	20:14:00
13	Alexa	Tremblay	20:17:00
58	Emily	Bahsen	23:34:00
60	Charlotte	Schrum	23:38:00
61	Piomo	Okwer	23:50:00
71	Leilany	Morales-Garcia	25:24:00
73	Lynnae	Johnson	26:18:00

HS Boys Varsity Team Results:	7th Place - 204 Points
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HS Boys Varsity Individual Results:			
Place	Name		Time
10	Kevin	Sanchez	17:11:00
38	Ethan	Olsen	18:19:00
46	Angel	Garcia	18:58:00
53	Miguel	Hernandez	19:12:00
59	Raul	Castillo	19:36:00
63	Abdiel	Corona	19:49:00
68	Ivan	Ledesma	20:21:00

Comments from assistant coach Raegan Andersen:

At the beginning of the season, we preached to our runners that every long run, every workout and every meet was a stepping stone in getting us ready for where we wanted to be at the end of the season - the state meet. Our athletes truly bought into the process from day one and showed up wanting to get better and give it their all. Tonight was no different. Our runners came into the meet physically and mentally ready to go. We have run this course before so we knew what to expect coming in. Our athletes pushed themselves as hard as they could and truly left everything they had out on the course. They got out fast and put themselves in position to be competitive right from the jump. We had three individuals that placed in the top 15 tonight and qualified for the state meet in Fort Dodge. Lola Mendlik placed 11th and she is now a 4-time state qualifier. Alexa Tremblay placed 13th and she is now a 2-time state qualifier. Kevin Sanchez placed 10th and this will be his first trip to the state meet. Ethan Olsen, Emily Bahsen, Lynnae Johnson and Leilany Morales-Garcia ran their last race as a Monarch tonight. We are proud of the terrific careers they have each had and everything they have done for the Monarch Cross Country program. Each of them brought different strengths to the team, but all leave big shoes to fill. Lola, Alexa and Kevin will have a little over a week to get ready to run next Friday, November 1st. The girls will run at 10:30 AM and Kevin will run at 11:15 AM.