

Date:	10-8-2024
Location:	Lake City Country Club
Weather:	75 & Sunny

HS Girls Team Results:	4th Place - 76 Points
-------------------------------	-----------------------

HS Girls Individual Results:			
Place	Name		Time
4	Lola	Mendlik	20:30:00
6	Alexa	Tremblay	20:42:00
19	Emily	Bahnsen	23:02:00
28	Leilany	Morales-Garcia	24:20:00
34	Charlotte	Schrum	24:39:00
39	Lynnae	Johnson	25:04:00
42	Anna	Galvin	25:52:00
43	Jenna	Meadows	25:59:00
45	Stella	Mahrt	26:07:00
49	Rosy	Segoviano	26:34:00
54	Claire	Olsen	27:07:00
55	Andrea	Flores	27:12:00
56	Tiffany	Ramirez	27:25:00
59	Janet	Castillo	28:12:00

HS Boys Team Results:	2nd Place - 89 Points
------------------------------	-----------------------

HS Boys Individual Results:			
Place	Name		Time
5	Kevin	Sanchez	17:40:00
13	Ethan	Olsen	18:32:00
17	Ivan	Ledesma	18:50:00
23	Angel	Garcia	19:11:00
31	Miguel	Hernandez	19:49:00

43	Abdiel	Corona	20:42:00		
45	Raul	Castillo	20:46:00		
54	Israel	Bernal Serrato	21:11:00		
56	Eduardo	Cruz	21:21:00		
67	Omar	Ramos	21:56:00		
73	Raul	Salas	22:26		
77	Jaime	Hernandez	22:46:00		
98	Jaxx	Luetje	24:05:00		
110	Erik	Cabrera	25:41:00		
121	Luis	Rivas	30:15:00		

Comments from assistant coach Raegan Andersen: Once again, the weather has been more than ideal for us this late into the season. The athletes had a 3 day break over the weekend and I think that it definitely helped them as their legs were refreshed and they were refocused coming into this meet. The boys started us off tonight and they did a great job of setting the tone right out of the gate. They placed 2nd as a team. Kevin Sanchez (5th), Ethan Olsen (13th), Ivan Ledesma (17th) and Angel Garcia (23rd) all placed in the top 25 for us tonight. Ivan Ledesma ran a phenomenal race and it's nice to see his confidence coming back as he battled an injury early this season. The boys were able to close the gap between each other tonight and that's something we have to keep doing going forward in order to finish lower as a team. On the girls side, they placed 4th as a team. Lola Mendlik (4th), Alexa Tremblay (6th) and Emily Bahnsen (19th) rounded out the top 25. The girls do a great job of pushing each other and listening to the coaches during the race. Sometimes, we like to just hold a comfortable pace but tonight they did a great job of surging to get around the girls in front of them and then maintained a faster pace. The Monarch XC runners will have a quick turn around as we compete on Thursday night again at Atlantic. Atlantic's meet is always a bigger meet and has some tough competition. Many of the Hawkeye 10 schools will be there. It will be nice for us to get another chance to see where we truly are in comparison to other schools and individuals before the Hawkeye 10 meet next Thursday. Our season is winding down fast and we are excited to see the athletes' hard work pay off as they continue to chase their individual and team goals for the year.