



Denison COED
Friday, April 11



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Kyia Clark	13.72		
Lauryn Turin	12.72		
Charlotte Schrum	26.89		
Lola Mendlik	1:08.64		
Total	2:02.26	4th	2:02.49

4 X 800 Meter Relay			
Name	Split	Place	PR
Charlotte Schrum	2:45.26		
Jenna Meadows	3:02.12		
Ann Wessel	3:09.70		
Chloe Galvin	3:12.73		
Total	12:10.11	6th	12:28.36

Shuttle Hurdle Relay			
Name	Split	Place	PR
Piomo Okwer	17.15		
Rylan Ipsen	19.54		
Alejandra Cardenas	20.01		
Kysa Neddermeyer	19.19		
Total	1:16.04	4th	1:18.82

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	13.16	3rd	13.50
Lauryn Turin	14.34		13.92
Cheyenne Vogt	14.41		
Michelle Palma	14.42		14.47
Itzel Palma	14.44		14.78
Brooklyn Schneckloth	15.02		15.55
Dyanara Magana	15.12		15.28
Karen Hernandez	16.13		15.96
Monica Garza	16.52		16.83

100 Meter Dash			
Name	Time	Place	PR
Hailey Galvin	16.62		16.66
Kimberly Ramirez	16.77		16.88
Alondra Rodriguez	17.05		17.24

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Sara Mun	29.58		
Ann Wessel	30.58		
Addison Schillerberg	1:20.11		
Anna Galvin	3:10.80		
Total	5:33.53	6th	4:43.29

400 Meter Dash			
Name	Time	Place	PR
Lauryn Turin	1:04.91	3rd	1:04.48
Lola Mendlik	1:07.80	4th	1:07.29
Alexa Garcia	1:15.97		1:16.63
Heidi Duarte	1:16.43		
Karen Hernandez	1:18.16		1:21.75
Lisset Lara	1:27.90		1:29.33

4 X 200 Meter Relay			
Name	Split	Place	PR
Alejandra Cardenas	29.44		
Brooklyn Schneckloth	28.97		
Charlotte Schrum	30.55		
Cheyenne Vogt	30.85		
Total	2:00.22	7th	1:54.58

100 Meter Hurdles			
Name	Time	Place	PR
Piomo Okwer	16.62	1st	17.93
Kysa Neddermeyer	18.85		19.38
Rylan Ipsen	19.86		20.79
Itzel Palma	20.64		22.05
Michelle Palma	22.26		23.25
Monica Garza	24.55		

800 Meter Run			
Name	Time	Place	PR
Rylan Ipsen	3:10.22		3:05.45
Anna Galvin	3:20.03		3:23.57
Alexa Garcia	3:28.95		3:25.76
Lisset Lara	3:52.62		4:01.01

200 Meter Dash			
Name	Time	Place	PR
Kyia Clark	27.68	2nd	28.38
Piomo Okwer	28.02	3rd	28.66
Cheyenne Vogt	30.65		
Kysa Neddermeyer	30.99		32.22
Itzel Palma	31.27		30.83
Michelle Palma	31.37		31.84
Brooklyn Schneckloth	31.86		
Karen Hernandez	34.00		33.78
Kimberly Ramirez	34.69		35.55
Hailey Galvin	36.64		37.13



Denison COED

Friday, April 5



400 Meter Hurdles			
Name	Time	Place	PR
Lola Mendlik	1:13.41	3rd	

1500 Meter Run			
Name	Time	Place	PR
Chloe Galvin	6:31.41		6:56.22
Heidi Duarte	7:11.09		

4 X 100 Relay			
Name	Split	Place	PR
Kyia Clark	14.03		
Lauryn Turin	12.62		
Alejandra Cardenas	12.18		
Piomo Okwer	13.92		
Total	53.28	3rd	54.58

4 X 400 Relay			
Name	Split	Place	PR
Charlotte Schrum	1:07.06		
Jenna Meadows	1:12.95		
Ann Wessel	1:14.68		
Addison Schillerberg	1:20.87		
Total	4:55.87	6th	4:38.55

High Jump			
Name	Height	Place	PR
Sara Mun	J4-10	2nd	4-10

Discus			
Name	Distance	Place	PR
Mayah Slater	100-2	1st	113-11
Gracen Plagge	76-9	4th	83-8
Lauren Lambert	67-2		75-5
Kazandra Ochoa	54-11		
Guadalupe Ramos	25-1		

Shot Put			
Name	Distance	Place	PR
Mayah Slater	31-11.75	3rd	33-10
Gracen Plagge	29-5.75	6th	28-2.25
Lauren Lambert	29-4.5		29-6
Kara Korner	26-10.5		
Vanessa Flores	15-5		

Personal Records Broken - 31
Final Team Standings
Tri Center - 143
Denison - 107
Underwood - 97.5
Harlan - 97
IKM - 84.5
Boyer Valley - 78
Woodbine - 65
Coon Rapids - 53

- Girls: 800 Sprint Medley
- Boys: 800 Sprint Medley
- Girls: 3000 Meter Run
- Boys: 3200 Meter Run
- Girls: 4 x 800 Meter Relay
- Boys: 4 x 800 Meter Relay
- Girls: Shuttle Hurdle Relay
- Boys: Shuttle Hurdle Relay
- Girls: 100 Meter Dash
- Boys: 100 Meter Dash
- Girls: 1600 Distance Medley Relay
- Boys: 1600 Distance Medley Relay
- Girls: 400 Meter Dash
- Boys: 400 Meter Dash
- Girls: 4 x 200 Meter Relay
- Boys: 4 x 200 Meter Relay
- Girls: 100 Meter Hurdles
- Boys: 110 Meter High Hurdles
- Girls: 800 Meter Run
- Boys: 800 Meter Run
- Girls: 200 Meter Dash
- Boys: 200 Meter Dash
- Girls: 400 Meter Hurdles
- Boys: 400 Meter Hurdles
- Girls: 1500 Meter Run
- Boys: 1600 Meter Run
- Girls: 4 x 100 Meter Relay
- Boys: 4 x 100 Meter Relay
- Girls: 4 x 400 Meter Relay
- Boys: 4 x 400 Meter Relay