

<b>Date:</b>	11/19/2024	<b>Season Record to Date:</b>	1-2
<b>Location:</b>	Denison	<b>H-10 Record to Date:</b>	1-0
<b>Teams:</b>	Denison, Ridge View, Spencer, Creston		
<b>Dual #1:</b>	Creston	<b>Winner:</b>	Denison
<b>Final Score:</b>	48-30		
<b>Weight</b>	<b>Denison</b>	<b>Creston</b>	<b>Result</b>
100	Yadira Menendez	OPEN	Won by Forfeit
105	Daniela Salinas	Naveah Chesnut	WBF (0:55)
110	Yaretzy Garcia-Paz	Karter Clayton	LBF (0:56)
115	Addison Ransom	Sydney Hoffman	LBF (1:11)
120	Yarecze Rodriguez	OPEN	Won by Forfeit
125	Mia Espinoza	OPEN	Won by Forfeit
130	Yaretzi Carrizales	OPEN	Won by Forfeit
135	Ana Castillo	Evy Marlin	LBF (1:26)
140	Giana Garcia	Karlie Kruse	Won by Decision (12-11)
145	Andrea Alcaraz	Grace Keeler	LBF (0:22)
155	Taylor Walker	Lydia Williams	Won by Decision (13-12)
170	Kasandra Barroso	OPEN	Won by Forfeit
190	Gracen Plagge	OPEN	Won by Forfeit
235	OPEN	Christina Strand	Lost by Forfeit
<b>Dual #2:</b>	Ridge View	<b>Winner:</b>	Ridge View
<b>Final Score:</b>	66-6		
<b>Weight</b>	<b>Denison</b>	<b>Ridge View</b>	<b>Result</b>
100	Yadira Menendez	Lauren Siegner	LBF (0:33)
105	Daniela Salinas	Lynsee Ockerman	LBF (1:53)
110	OPEN	Jazmine Orduna	Lost by Forfeit
115	Addison Ransom	Aubrey Wagner	LBF (3:52)
120	Yarecze Rodriguez	Eden Ferrusca	LBF (2:22)
125	OPEN	Tegan Robertson	Lost by Forfeit
130	OPEN	Destiny Brown	Lost by Forfeit
135	Ana Castillo	Leslie Avina	LBF (2:25)
140	Giana Garcia	Kiara Luscombe	LBF (2:20)
145	Andrea Alcaraz	Lea Johnson	LBF (3:58)
155	OPEN	OPEN	Double Forfeit
170	Kasandra Barroso	Tyrany Mason	LBF (3:21)
190	Gracen Plagge	OPEN	Won by Forfeit
235	OPEN	OPEN	Double Forfeit
<b>Dual #3:</b>	Spencer	<b>Winner:</b>	Spencer
<b>Final Score:</b>	51-30		
<b>Weight</b>	<b>Denison</b>	<b>Spencer</b>	<b>Result</b>

100	Yadira Menendez	Taylor Kastning	LBF (3:11)
105	Daniela Salinas	Madison Stickrod	Lost by Decision (16-11)
110	Yaretzy Garcia-Paz	OPEN	Won by Forfeit
115	Addison Ransom	OPEN	Won by Forfeit
120	Yarecze Rodriguez	Rylee Nehman	Lost by Fall (1:16)
125	Mia Espinoza	Breanna Johnson	Lost by Fall (0:10)
130	Yaretzi Carrizales	Kyiah Logan	Lost by Fall (0:29)
135	Ana Castillo	OPEN	Won by Forfeit
140	Giana Garcia	OPEN	Won by Forfeit
145	Andrea Alcaraz	Shaylee Sutherland	Lost by Fall (3:26)
155	OPEN	Bailey Schuster	Lost by Forfeit
170	Kasandra Barroso	Kiersten Campbell	Lost by Fall (0:28)
190	Gracen Plagge	OPEN	Won by Forfeit
235	OPEN	Brooke Mart	Lost by Forfeit

### Junior Varsity Results

Weight	Denison	Opponent	Result
120	Marison Granados	Summer Fliss (SPEN)	LBF (1:41)
145	Savanna Martinez	Naylah Gracia (SPEN)	WBF (1:57)
145	Beatriz Zamago	Hannah Moser (SPEN)	LBF (0:53)
155	Andrea Lupian	Lillian Sparks (SPEN)	LBF (1:18)
170	Guadalupe Ramos	Abigail Young	LBF (0:53)
120	Lyric Longoria	Kallie Pyle	WBF (4:00)
125	Mia Espinoza	Sarai Cervantes	LBF (0:51)

#### Comments from the Monarch coaching staff:

I thought tonight was a bit of an eye opener for some of the girls. The competition was certainly top-notch: Spencer and Ridge View were two of the first programs in the state to embrace girls wrestling and Creston has always been a tough wrestling town. There were multiple returning state qualifiers, state placers, and a state champ in our gym on opening night, which was fun to watch.

We wrestled tough, as expected. Our girls are tough as nails, but we need to work on staying out of and getting out of situations that require us to display so much toughness to not get turned. The best part about tonight is that we have some direction moving forward - we know what we need to work on. We're excited to get back in the room to fix some things and introduce a few new techniques.

It wasn't all gloomy - wrestling is a funny sport in that the result doesn't always tell the story of the match. We had the lead in a few matches and ended up getting pinned. We found ourselves in a few 50/50 situations where some small adjustments - running our feet, keeping our hips high, etc. - could have turned the outcome in our favor. Those are all fixable and we can clean that stuff up.

Our lineup will shift a bit as we move forward. Some girls will take a week or two to get down to their preferred weight class and competition in the room will make the cream rise to the top.

Giana Garcia and Taylor Walker both gutted out tough, come-from-behind wins against Creston and Daniela Salinas won by fall. Gracen Plagge didn't get a match due to opens and

we're excited to see her in action this season. Angie Rivera will be back next week to kick off her season.

There's plenty of work to do before we're back in action Saturday in Onawa.