

Date:	September 12,2024
Location:	Jefferson Golf Course
Weather	80 & Sunny

HS Girls Team Results:	2nd place - 54 points
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HS Girls Individual Results:			
Place	Name		Time
4	Lola	Mendlik	21:39:00
11	Emily	Bahnsen	24:15:00
12	Charlotte	Schrum	24:22:00
15	Leilany	Morales-Garcia	24:36:00
16	Piomo	Okwer	25:03:00
18	Jenna	Meadows	26:22:00
19	Andrea	Flores	26:24:00
20	Stella	Mahrt	26:27:00
25	Claire	Olsen	27:28:00
26	Rosy	Segoviano	27:32:00
31	Tiffany	Ramirez	28:14:00
32	Janet	Castillo	28:43:00
33	Lynnae	Johnson	29:06:00

HS Boys Team Results:	2nd place - 77 points
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HS Boys Individual Results:			
Place	Name		Time
3	Kevin	Sanchez	17:37:00
5	Ethan	Olsen	18:14:00
12	Anthony	Valtierra	18:56:00
27	Ivan	Ledesma	20:30:00
33	Raul	Castillo	20:59:00
35	Israel	Bernal-Serrato	21:05:00

40	Jax	Luetje	21:20:00
41	Omar	Ramos	21:21:00
45	Raul	Salas	22:01:00
46	Jaime	Hernandez	22:03:00
47	Abdiel	Corona	22:04:00
51	Eduardo	Cruz	22:41:00
52	Leo	Sanchez-Rios	22:41:00
55	Jonathan	Marquez	22:55:00
66	Erik	Cabrera	25:53:00
73	Luis	Herrera	27:59:00
76	Luis	Rivas	29:24:00

MS Girls Team Results: 1st Place - 25 points

MS Girls Individual Results:			
Place	Name		Time
2	Caroline	Schrum	15:56:00
3	Taelen	Young	16:04:00
7	Ayvah	Nemitz	16:37:00
12	Landyn	Wiese	18:33:00
14	Nereyda	Garnica	18:38:00
16	Cora	Gotto	20:33:00

MS Boys Team Results: No Team Score

MS Boys Team Results:			
Place	Name		Time
1	Quinn	Vetter	13:13:00

Comments from assistant coach Raegan Andersen:	<p>Tonight was another great night for our athletes to get out and compete. Our middle school teams started us off tonight and they did a great job. This was the first meet for them and the nerves were definitely there. Our upperclassman did a tremendous job of taking them under their wing and helping them get prepared. The middle school girls were able to bring home first place as a team and had 3 top 10 finishes with Caroline Schrum (2nd), Taelen Young (3rd) and Avyah Nemitz (7th). Our girls did a nice job of packing up and sticking together throughout their race. Quinn Vetter was the lone middle school boy competing for us tonight and won the race. Quinn was very coachable and listened when we told him to make bursts throughout his race. We are excited to see the improvement in our middle school program. They know what to expect at meets now and have had a small taste of success. It's crucial to have our training efforts match the results we want to see at meets and we continue to push each and every day at practice. Both the high school girls and boys placed 2nd as a team tonight. Our girls team was close to finishing 1st place tonight but we were missing Alexa Tremblay who is out with an injury. We are hoping she is able to be back competing fast as she is a key part of our team. With that being said, we had some other girls who were able to step up for us. Lola continues to lead the team and placed 4th. Emily Bahnsen was our #2 runner tonight and finished in 11th place. She had a great race and made up huge ground during her second mile. Charlotte (12th), Leilany (15th), Piomo (16th), Jenna(18th), Andrea (19th) and Stella (20th) rounded out the top 20 tonight. On the boys side, we had 3 finishes in the top 20 with Kevin (3rd), Ethan (5th) and Anthony (12th). The boys got out well tonight and continue to push the pace. This group of guys are extremely competitive and want to get better. We need to continue to work on closing the gap in order to continue to finish well as a team. The cross country team will be back in action on Tuesday, September 17th at Storm Lake's meet.</p>				